



Numina Center for Spirituality & the Arts

Celebrate the Spring Equinox

Traditional Balkan Dance and Song

Taught by Jana Muhar & Tanya Kostova
Traditional Singing by Gradina
Instrumental Music by Jana Muhar, Kate Price

**HERALD THE COMING OF SPRING WITH DANCING, SINGING
AND WEAVING MARTENITSAS**



Jana Muhar will lead us through Eastern European dances as Gradina sings and Jana and Kate will play traditional music. During this festive event you are invited to make traditional tassels called Martenitsas. Tanya, a native Bulgarian dance teacher, will help us understand the meaning of this lovely Bulgarian, ancient custom. These tassels are given to friends and family as a wish for good health, abundance and happiness.

**2 - 4pm, Sunday, March 22, 2009
Church of the Incarnation
550 Mendocino Ave, Santa Rosa, CA**

**\$10 - 20 donation requested
For more details: www.numinacenter.org
Info 707.324.6021**